

HOW TO: PLAN FAST EVENTS IN YOUR SCHOOL



Many people now choose to Flexi-Fast instead of going without food for 24 hrs. You can do almost anything you can think of!

Here are some ideas for fundraising activities. Can you think of something unique for your school?



Teacher Vs Students
Challenge/Role Reversal



Cultural Diversity Day



One day in their Shoes



Phone or Social Media Blackout



Sponsored random
acts of kindness



TOP
TIP!

If holding a school event - Get a committee together – share the load!

CONCERN
worldwide

You can set up an online donation page for your school via the Concern website.

concernfast.org

Click 'Sign Up Now' and follow the instructions!



Give yourself plenty of time to plan your event. Pick a date and work backwards from that date.



SOME THINGS TO THINK ABOUT IN THE LEAD UP TO FAST:

- Make sure your date doesn't clash with anything else important happening in school.
- Let staff, students and parents know what's happening and when. Use posters, notice boards, school website and social media.
- Organise a school talk from our Fast Schools Coordinator.
- Give presentations to each year group, recruit volunteers to help/ take part!
- Look for sponsorship – friends, family, could a local business help out?
- Could you hold a raffle to encourage donations? Look for prizes to be donated.
- Organise resources that you may need- buckets for collections*, sponsorship cards, posters.
- Contact local press, put something in the notes section of the paper, organise the local photographer to attend.
- Keep getting sponsored, keep recruiting, and keep selling those tickets!
- Have fun!

AFTER THE EVENT:

- Thank those who helped out.
- Let people know how much was raised.
- Get help counting and keeping the money secure. Don't forget to send it back as soon as possible.



** (permits needed, talk to your Fast Coordinator about permits available in your area)*



Contact your Fast Coordinator for extra sponsorship cards, buckets for collections etc.

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