# SPEAK, ACT, DO

# **Action Menu for Students**



# Here are a few ideas to get you started with your Speak Act Do project

# **Topics**

# Pick one topic and focus your research on this:



- Climate Change
- Gender Equality
- Hunger
- Poverty
- Conflict

### **Local Actions**

# Ideas to help your community/ school understand how this issue relates to them



- Contact local TD's and tell them about your project. Explain how they can get involved or support you. Are there any bills currently going through the Dáil which link to your topic that you can ask them to support?
- Conduct a survey of people's attitudes and understanding of your chosen topic to identify any stereotypes or misunderstandings to address
- Run a peer to peer workshop or world café in your school. A great idea is to make this intergenerational so that people of all ages can learn from one another
- Organise a day to celebrate the cultures of your community or a country that you are focusing on in your project! This could involve food, dancing, stories, film and music from around the world.
  This is also a great opportunity to raise awareness of the problem you are exploring and break down any negative stereotypes
- Plan a photography exhibition or create a piece of art to display in school to help people reflect on how your topic impacts people just like themselves (e.g. what it's like to be a refugee, to be hungry)

## **Concern Actions**



- Organise a movie night linked to your project, with a discussion afterwards to educate and spread awareness of your project
- Design poster, a postcard or make a short film to raise awareness and share these in your local community
- Produce a piece of creative writing, cartoon or factual article about your topic and aim to get it publish in a local paper or share it yourself online
- Hold a moment of silence or ask your school community to wear a certain colour as a visible show of solidarity with the communities you are focusing on
- Research which companies are not taking environmental or equality issues seriously and campaign for them to change their ways (e.g. labour practices in factories for clothes we buy, mining for precious materials)
- Organise a public stunt on the UN world day which coincides with your topic to get people talking about your topic



