

# HUNGER HEROES

# Project Guide



Concern are asking schools around Ireland to learn about how climate change and food waste contribute to hunger, and using that information take action to become Hunger Heroes!

Follow steps 1-6 with your students to create your own action project and help raise awareness and fight hunger!

## Tell us about your project

When you have finished your project, please contact us and tell us all about it!

If you are using social media, don't forget to tag **@concernactive** on twitter or instagram.

## STEP 1 EXPLORE!



**Complete one Food waste lesson/activity\***

**Complete one Climate Change lesson/activity\***

Use the Hunger Heroes booklet to explore the connection between hunger, food waste and climate change! There activities integrate into many different parts of the curriculum.

(\*from the Hunger Heroes booklet)

## STEP 2 RESEARCH



**Choose your country – Niger or Burundi**

**Choose your topic – Food Waste or Climate**

Give your class topics to research. Why not create a class scrapbook (digital or real!) and ask students to take turns adding to it. Use the country profile sheets that accompany the Hunger Heroes booklet to get started!

## STEP 3 CREATE



**Create your project**

**Your project can take many forms, the more creative the better!  
Here are some ideas:**

**Written** – your class scrapbook/poem/story/ newspaper article/blog  
**Recorded** – interviews/videos/movie/soap opera/stop motion/press conference

**Images or Photos** – photo diary/exhibition/story boards/photos of a fundraising event

**Drawn/Painted/Modelled** – poster/collage/3-D model

**Sung** – rap/song/composition

# STEP 4 SHARE!



## Tell Everyone!

Engage as many people in the school and local community as you can – even get local newspapers involved. The more people you let know about your project, the better!

## Tell Us at Concern

Let us know all about your project. Email us at [schools@concern.net](mailto:schools@concern.net). If you are using social media, don't forget to tag @concernactive

# STEP 5 REWARDS



## Celebrate your class status as Hunger Heroes

Receive your Hunger Heroes certificates from Concern Worldwide.



## Keep in mind

Projects should focus on linking local issues to larger global ones. Countries should be explored in a holistic way, balancing positive and negative aspects while considering unique cultural context. The concept of partnership between Ireland and the Global South should be emphasised over charity and stereotypes.

## Need help?

Download Hunger Heroes resources from the [Concern website](https://www.concernworldwide.org/).



## Questions?

Please call us on **087 255 5177**

Or email us at [schools@concern.net](mailto:schools@concern.net) for support

**CONCERN**  
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EXTREME POVERTY  
WHATEVER  
IT TAKES

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Concern Worldwide

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