



# SPEAK ACT DO

## Action Menu for Students

Here are a few ideas to get you started with your Speak Act Do project

### Topics

Pick one topic and focus your research on this:



- Climate Change
- Gender Equality
- Hunger
- Poverty
- Conflict

### Local Actions

Ideas to help your community/school understand how this issue relates to them



- Contact local TD's and tell them about your project. Explain how they can get involved or support you. Are there any bills currently going through the Dáil which link to your topic that you can ask them to support?
- Try to make a change in your school! Is there something that is happening in school linked to this issue?
- Run a peer to peer workshop or world café in your school to educate others. Check out our SDG booklets for activity ideas!
- Organise a day to celebrate the cultures of your community or a country that you are focusing on in your project! This could involve food, dancing, stories, film and music from around the world. This is also a great opportunity to break down any negative stereotypes
- Design poster, a postcard or make a short film to raise awareness and share these in your local community to build empathy

### Concern Actions

Ideas to spread awareness and show support for communities that Concern work with



- Organise a movie night linked to your project, with a discussion afterwards to educate and spread awareness
- Organise a fundraiser for a Concern project which links to your project
- Produce a piece of creative writing, cartoon or factual article and aim to get it published in a local paper or share it yourself online
- Hold a moment of silence or ask your school community to wear a certain colour as a visible show of solidarity with the communities you are focusing on
- Research which companies are not taking environmental or equality issues seriously and campaign for them to change their ways (e.g. labour practices in factories for clothes we buy, mining for precious materials)
- Organise an event on the UN world day which coincides with your topic to get people talking about it